



HEALTHY LIVING WATER CLASS SCHEDULE

As of January 2, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:45-8:45 Aqua Challenge Marcia	7:45-8:45 Aqua Challenge Marcia	7:45-8:45 Aqua Challenge Marcia	7:45-8:45 Aqua Challenge Marcia		
	9:00-9:45 Aqua Strength AnnMarie	9:00-9:45 Aqua Fitness Janet	9:00-9:45 Aqua Strength AnnMarie	9:00-9:45 Aqua Fitness Janet	9:00-9:45 Aqua Strength AnnMarie	
	10:00-10:45 Aqua Mix AnnMarie	10:00-10:45 Aqua Mix AnnMarie	10:00-10:45 Aqua Mix AnnMarie	10:00-10:45 Aqua Fitness Eva	10:00-10:45 Aqua Mix AnnMarie	
	11:00-12:00 Aqua Arthritis Donna	11:00-12:00 Aqua Arthritis Donna	11:00-12:00 Aqua Arthritis Donna	11:00-12:00 Aqua Arthritis Donna	11:00-12:00 Aqua Arthritis Donna	
	5:30-6:15 PM Aqua Zumba Vera		5:30-6:15 PM Aqua Zumba Leeanne		5:30-6:15 PM Aqua Fitness AnnMarie	