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Pool Schedule- Winter 2024

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Greater Lowell Family YMCA 35 YMCA Drive Lowell, MA 01852 (978) 454-7825 Aquatics Department

http://www.greaterlowellymca.org

Pool Schedule

Winter 2024 Season This Schedule effective from 4/15/2024 - 4/21/2024

POOL RULES

> Swimmers must shower before entering the pool > All members must WALK on deck > Hair longer than shoulrder length must be tied back > Obey the Lifeguard on duty at all times > No Horse Play will be tolerated > No Food or Drink allowed on Deck -Water in plastic bottles is acceptable > Diving and jumping in the deep end only - at the discretion of the Life Guard > No glass, gum or band-aids allowed in the pool > NO Recreational use of the starting blocks or diving board > Kickboards and pull buoys are only for lap swim and YMCA Programs > Inflatable floatation devices of any kind are not permitted Please use YMCA 'bubble belts' > Weak swimmers & non-swimmers must use the shallow end > Swimmers must pass an evaluation to use the deep end > Children under the age of 13 must be with an adult; under the age of 6 must have an adult in the water. @ = ADULT LAP SWIM ONLY; laps must be swam at this time. **Private Lessons by a YMCA Instructor** May be given at any time during pool hours For any age group Schedule is Subject to Change Without Notice

Revised: 3/19/2024