

Greater Lowell Family YMCA

35 YMCA Drive
 Lowell, MA 01852
 (978) 454-7825
 Aquatics Department

<http://www.greaterlowellymca.org>

Pool Schedule

Winter 2024 Season
 This Schedule effective from
 4/15/2024 - 4/21/2024

	Saturday						Sunday						
	1	2	3	4	5	6	1	2	3	4	5	6	
	POOL CLOSED						POOL CLOSED						
7:00a													7:00A
8:00a													8:00A
9:00a													9:00a
9:30a													9:30a
10:00a	LG Class												10:00a
10:30a													10:30a
11:00a													11:00a
11:30a													11:30a
12:00p													12:00p
12:30p													12:30p
1:00p													1:00p
1:30p													1:30p
2:00p				@									2:00p
2:30p				@									2:30p
3:00p			@									3:00p	
3:30p			@									3:30p	
4:00p	@	@	@	@	@	@						4:00p	
4:30p	@	@	@	@	@	@						4:30p	
5:00p	@	@	@	@	@	@						5:00p	
5:30p	@	@	@	@	@	@						5:30p	
6:00p												6:00p	
6:30p												6:30p	
7:00p												7:00p	
7:30p												7:30p	
8:00p	POOL CLOSED												8:00p
8:30p													8:30p
9:00p													9:00p
9:30p													9:30p
10:00p													10:00p

POOL RULES

- > Swimmers must shower before entering the pool
- > All members must WALK on deck
- > Hair longer than shoulder length must be tied back
- > Obey the Lifeguard on duty at all times
- > No Horse Play will be tolerated
- > No Food or Drink allowed on Deck
 - Water in plastic bottles is acceptable
- > Diving and jumping in the deep end only
 - at the discretion of the Life Guard
- > No glass, gum or band-aids allowed in the pool
- > NO Recreational use of the starting blocks or diving board
- > Kickboards and pull buoys are only for lap swim and YMCA Programs
- > Inflatable floatation devices of any kind are not permitted
Please use YMCA 'bubble belts'
- > Weak swimmers & non-swimmers must use the shallow end
- > Swimmers must pass an evaluation to use the deep end
- > Children under the age of 13 must be with an adult; under the age of 6 must have an adult in the water.

@ = ADULT LAP SWIM ONLY; laps must be swam at this time.

Private Lessons by a YMCA Instructor
 May be given at any time during pool hours
 For any age group

**Schedule is Subject to Change
 Without Notice**

Revised: 3/19/2024