



# Greater Lowell Family YMCA

35 YMCA Drive  
 Lowell, MA 01852  
 (978) 454-7825  
 Aquatics Department

<http://www.greaterlowellymca.org>

## Pool Schedule

Winter 2024 Season  
 This Schedule effective from  
 4/15/2024 - 4/21/2024

## POOL RULES

- > Swimmers must shower before entering the pool
- > All members must WALK on deck
- > Hair longer than shoulder length must be tied back
- > Obey the Lifeguard on duty at all times
- > No Horse Play will be tolerated
- > No Food or Drink allowed on Deck
  - Water in plastic bottles is acceptable
- > Diving and jumping in the deep end only
  - at the discretion of the Life Guard
- > No glass, gum or band-aids allowed in the pool
- > NO Recreational use of the starting blocks or diving board
- > Kickboards and pull buoys are only for lap swim and YMCA Programs
- > Inflatable floatation devices of any kind are not permitted  
Please use YMCA 'bubble belts'
- > Weak swimmers & non-swimmers must use the shallow end
- > Swimmers must pass an evaluation to use the deep end
- > Children under the age of 13 must be with an adult; under the age of 6 must have an adult in the water.

@ = ADULT LAP SWIM ONLY; laps must be swam at this time.

Private Lessons by a YMCA Instructor  
 May be given at any time during pool hours  
 For any age group

**Schedule is Subject to Change  
 Without Notice**

Revised: 3/19/2024

	Saturday						Sunday											
	1	2	3	4	5	6	1	2	3	4	5	6						
	POOL CLOSED						POOL CLOSED											
7:00a													7:00A					
8:00a	Swim Lessons						@	@					8:00A					
9:00a							@	@					@	@				9:00a
9:30a							@	@					@	@				9:30a
10:00a							@	@					@	@				10:00a
10:30a							@	@					@	@				10:30a
11:00a							@	@					@	@				11:00a
11:30a							@	@					@	@				11:30a
12:00p							@	@					@	@				12:00p
12:30p							@	@	@	@			@	@	@	@		12:30p
1:00p							@	@	@	@			@	@	@	@		1:00p
1:30p	@	@	@	@			@	@	@	@		1:30p						
2:00p	@	@	@									2:00p						
2:30p	@	@	@									2:30p						
3:00p	@	@	@									3:00p						
3:30p	@	@	@									3:30p						
4:00p	@	@	@	@								4:00p						
4:30p	@	@	@	@								4:30p						
5:00p	@	@	@	@								5:00p						
5:30p	@	@	@	@								5:30p						
6:00p												6:00p						
6:30p												6:30p						
7:00p												7:00p						
7:30p												7:30p						
8:00p	POOL CLOSED												8:00p					
8:30p													8:30p					
9:00p													9:00p					
9:30p													9:30p					
10:00p													10:00p					