

	Saturday						Sunday								
	1	2	3	4	5	6	1	2	3	4	5	6			
	POOL CLOSED						POOL CLOSED								
7:00a													7:00A		
8:00a	Swim Lessons						@	@	Swim Lessons				@	@	8:00A
9:00a							@	@					@	@	9:00a
9:30a							@	@					@	@	9:30a
10:00a							@	@					@	@	10:00a
10:30a							@	@					@	@	10:30a
11:00a							@	@					@	@	11:00a
11:30a							@	@					@	@	11:30a
12:00p							@	@					@	@	12:00p
12:30p							@	@					@	@	12:30p
1:00p							@	@					@	@	1:00p
1:30p	@	@	@	@	1:30p										
2:00p	@	@	@	Family Swim								2:00p			
2:30p	@	@	@							2:30p					
3:00p	@	@	@							3:00p					
3:30p	@	@	@							3:30p					
4:00p	@	@	@	@	Pool Rental						4:00p				
4:30p	@	@	@	@							4:30p				
5:00p	@	@	@	@							5:00p				
5:30p	@	@	@	@							5:30p				
6:00p	POOL CLOSED										6:00p				
6:30p											6:30p				
7:00p											7:00p				
7:30p											7:30p				
8:00p											8:00p				
8:30p											8:30p				
9:00p											9:00p				
9:30p											9:30p				
10:00p											10:00p				

Greater Lowell Family YMCA

35 YMCA Drive

Lowell, MA 01852

(978) 454-7825

Aquatics Department

<http://www.greaterlowellymca.org>

Pool Schedule

Spring 2024 Season

This Schedule effective from

4/29/2024 - 5/19/2024

POOL RULES

- > Swimmers must shower before entering the pool
- > All members must WALK on deck
- > Hair longer than shoulder length must be tied back
- > Obey the Lifeguard on duty at all times
- > No Horse Play will be tolerated
- > No Food or Drink allowed on Deck
 - Water in plastic bottles is acceptable
- > Diving and jumping in the deep end only
 - at the discretion of the Life Guard
- > No glass, gum or band-aids allowed in the pool
- > NO Recreational use of the starting blocks or diving board
- > Kickboards and pull buoys are only for lap swim and YMCA Programs
- > Inflatable floatation devices of any kind are not permitted
 - Please use YMCA 'bubble belts'
- > Weak swimmers & non-swimmers must use the shallow end
- > Swimmers must pass an evaluation to use the deep end
- > Children under the age of 13 must be with an adult; under the age of 6 must have an adult in the water.

@ = ADULT LAP SWIM ONLY; laps must be swam at this time.

Private Lessons by a YMCA Instructor
 May be given at any time during pool hours
 For any age group

Schedule is Subject to Change

Without Notice

Revised: 4/24/2024