



Youth Recreation Spring 2024

Member Registration April 8th

Non-Member Registration April 15th

Dance: April 27–June 8

Anna is bringing some new ideas as well as some of our old classes back to the Greater Lowell YMCA !

“Dance is something I am incredibly passionate about. I want to share my love of dancing with others in hopes to give them the valuable experience and beautiful memories I received from my dedicated instructors. I hope to see you in class!!”

Class	Ages	Day	Time	Prices
Bitty Ballet	Ages 3-6	Saturday	10:15AM-10:45AM	Bitty classes: Family Member: \$48 Single Member: \$65 Non-member: \$126 Standard Classes: Family Member: \$65 Single Member: \$79 Non-Member: \$143
Ballet	Ages 7-14	Saturday	10:50AM- 11:35AM	
Bitty Jazz	Ages 3-6	Saturday	11:40AM-12:10PM	
Jazz	Ages 7-14	Saturday	12:15PM-1:00PM	
Bitty Hip Hop	Ages 3-6	Saturday	1:30PM-2:00PM	
Hip Hop	Ages 7-14	Saturday	2:05PM-2:50PM	

Creative Art: April 23–June 4

Explore the world of Visual Art with our Beginner Art class! Art supplies are included for this program, however if your artist has their own sketch-book they would like to bring they are welcome to!

Class	Ages	Day	Time	Prices
Beginner	Ages 7 + up	Tuesday	6:30PM-8:00PM	Family Member: \$78.00 Single Member: \$92.00 Non-Member: \$152.00

Clubs: April 23–June 5

Introducing our brand new Lego and Pokémon clubs! These clubs will be an opportunity for kids to express themselves with other kids who share their interests, and explore new hobbies.

Class	Ages	Day	Time	Prices
Lego Masters	Ages 7-13	Tuesday	6:30PM-8:00PM	Family Member: \$50 Single Member: \$ 63 Non-Member: \$120
Pokémon Gym	Ages 7-13	Wednesday	6:30PM-8:00PM	

For more information contact David Dunne at 978-454-7825 ext. 818 or ddunne@lowellymca.org

Dance Class Descriptions

Jazz	The fundamentals of a traditional jazz class are taught, starting with the basic positions and movements followed by simple jazz combinations and rising in intensity to complex jumps and turns that can be utilized in choreography.
Ballet	The Five fundamental positions are taught along with legs, arms, and hand placements. Basic Barre exercises to develop and enhance leg and core strength, as well as correct placement, foot articulation, balance, and directionality skills. Center exercises, introduction to jumps and reverence will all be part of basic ballet technique in this class.
Modern	Rudiments of modern dance focusing mostly on the development of techniques and creative problem solving along with basic movement principles. Basic structure and alignment, rhythmic awareness and alignment as well as using dance as a form of expression. Dance terminology will also be part of technique.
Hip Hop	A beginner/intermediate friendly choreographed dance class focusing on stylized Hip Hop moves and having fun dancing it out. Dancers will learn move by move and take their creative styles to the next level. Hip Hop is a blend of today's high energy "Street Style" Movement. Develops power, personal style and agility by teaching a routine that builds momentum and repeats dance combinations rising in intensity.

Art Class Descriptions

Beginner Ages 7 & Up	This class will teach students how to draw objects by learning about light and value, 2-dimensional works, fundamentals and principles of art. Class will include crosshatching, stippling, contour hatching, ruler hatching, etc. We will study color theory and the color wheel.
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Club Descriptions

Lego Masters	Lego Masters are built not grown. Join Gil our resident Lego Master as he sets builder weekly challenges (build your name out of Legos, build the tallest structure with only one color of bricks, etc.). Students also get to express their creativity, develop spatial awareness, and build friendships with students that have common interests.
Pokémon	Embark on a Pokémon adventure designed for young trainers! In this Club, children will journey into the exciting world of Pokémon, where they'll catch 'em all, train their Pokémon, and become true Pokémon Masters. Lead by Professor Gil students will get to participate in exciting battles and socialize with children and a caring adult with similar interests.