



# HEALTHY LIVING WATER CLASS SCHEDULE

As of Dec 11, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:45-8:45 Aqua Challenge Marcia (15)	7:45-8:45 Aqua Challenge Marcia (15)	7:45-8:45 Aqua Challenge Marcia (15)	7:45-8:45 Aqua Challenge Marcia (15)		
	<b>**Reg Required**</b> 9:00-9:45 Aqua Zumba Vera (20)	9:00-9:45 Aqua Fitness Janet (15)	9:00-9:45 Aqua Strength Paula (15)	9:00-9:45 Aqua Fitness Janet (15)	9:00-9:45 Aqua Mix Donna (20)	
	<b>**Reg Required**</b> 10:00-10:45 Aqua Blast Sue L. (15)	10:00-10:45 Aqua Recess Donna (20)	<b>**Reg Required**</b> 10:00-10:45 Aqua Blast Sue L. (15)	10:00-10:45 Aqua Gym Eva (15)	10:00-10:45 Aqua Recess Donna (20)	
	11:00-12:00 Aqua Arthritis Donna (25)	11:00-12:00 Aqua Arthritis Donna (25)	11:00-12:00 Aqua Arthritis Donna (25)	11:00-12:00 Aqua Arthritis Donna (25)	11:00-12:00 Aqua Arthritis Donna (25)	
	5:30-6:15 PM Aqua Zumba Vera (20)		5:30-6:15 PM Aqua Zumba Vera (20)		5:30-6:15 PM Aqua Fitness Karri (15)	

The number in parentheses (15) or (20) or (25) indicates how many participants can safely participate in that specific format with that specific instructor.

**\*\*Reg Required\*\***

When this is written above a class, it indicates REGISTRATION IS REQUIRED. Please see "class descriptions" to determine when registration opens for each class. Participants can sign up online through our website, using the Daxko app, stopping by the front desk or calling the front desk.